

# SEAS

## *Society for the Education of American Sailors*

Check out our calendar for the summer sailing season.

Join us at the **Boathouse Opening on Sunday May 15 10AM**. We will be getting the boathouse ready for the season. Come help out and meet some other SEAS members. Afterwards (around 2 PM), we'll have a BBQ and enjoy some great food and drink. We'll also have an informal **General Membership meeting** to discuss our plans for the summer. Contact Gregg Manjorin at [seaswest@sailseas.com](mailto:seaswest@sailseas.com).

We'll have a **second Boathouse Opening on Saturday May 21 10AM**. If you can't make the first one, come down for a couple of hours to help us finish up. Contact John Petry at [seaswest@sailseas.com](mailto:seaswest@sailseas.com).

We will be having weekly **Open Sails on Thursday evenings** so you can practice your skills. Whether you just took the Basic Sailing Class or have some sailing experience, we hope you join us at the Open Sails so that you can improve your skills while having fun. Email Gregg Manjorin at [seaswest@sailseas.com](mailto:seaswest@sailseas.com) for more info.

If you haven't sent in your **Membership Renewal and Dues** yet, **no more procrastinating!** Please do it right away. A membership form is included in this newsletter.

### **Commodore's Corner**

By Gregg Manjorin

Our snow-delayed annual meeting took place with decent attendance on January 30. Our thanks to the people who



traveled to share ideas, eat, drink and socialize. An especially hearty thanks to our outgoing Commodore and Executive Board for a job well done.

We start the new sailing year with our fleet and finances in good shape. As I join the Board, I would like to share the direction that we will attempt to travel together.

There will be General Meetings that will feature videos on topics requested by members. A list of available subjects will be published soon. There will be short discussions by knowledgeable people on topics of interest. For our first meeting, we will meet at the Boathouse Opening on May 15<sup>th</sup>.

Open sailing at Kingsland Point will be available on Thursday evenings. Come down at around 5:30 or 6PM to join the fun. We also want to have a couple of overnight trips offsite with our equipment. We are looking for state parks with camping and waterfront/launch capabilities. If you have a favorite park, please let us know.

We all know that we exist to teach safe boating and we are pretty good at doing it. We are certainly not ignoring our students' and instructors' input and so we are purchasing two new **lightweight** trailers to make the classes and open sail days easier.

Your board's challenge is to provide a fun sailing experience for new sailors as well as those with more experience. We are going to offer plenty of opportunities to go sailing - join us! Bring a friend - after all, someone has to light the grill while you're out sailing.

See you on the water,  
Gregg

**For Sale: 23' 1977 Paceship with own cradle, winter cover, 3 sails, mainsail cover, compass bulkhead mounted, curtains, carpet & cushions. Volvo Penta outboard. \$5,500 stored at Shattemuc, hull id is PAYA0620M771. Very clean & cared for. Contact [seaswest@sailseas.com](mailto:seaswest@sailseas.com).**

**1992 Laser, only one previous owner, hardly used, located at Philipse Manor boat club, all equipment including dolly. \$1800. Contact [seaswest@sailseas.com](mailto:seaswest@sailseas.com).**

**1992 Santana 2023A with new rigging, new mast, new head sail, and new roller furler. Stored inside in winter. \$7200. [seaswest@sailseas.com](mailto:seaswest@sailseas.com).**

## Notes from the Vice Commodores

### ***New Beginnings***

by Lisa Lettieri & Jacqueline Kerr

The snow has finally melted and the grass is beginning to grow. It's still pretty chilly outside but some of us are already making ready for the summer sailing season. We're making plans for our basic sailing classes, planning sailing excursions for our members, brainstorming how to attract new members, and working on programs to get more people involved in running SEAS\Westchester.

The SEAS 2005 Brochure is enclosed and posted on the website, [www.sailseas.com/westchester](http://www.sailseas.com/westchester). Please make copies to give to friends, post on bulletin boards at work, your local grocery store, clubs, community centers, and anywhere else you can think of. Also it would help us a great deal if you could check out your town or city's website and on [www.americantowns.com](http://www.americantowns.com) and see if you can post the information there. Every town has a bulletin with summer classes listed so please try calling to see if they will let us include SEAS' information (I am making the calls for Cortlandt and Peekskill).



Over the years we have found that most of the students come through referral from past students but a significant number have come from Internet searches and from activities like having a booth at the Clearwater Festival at Croton Point Park (Volunteers anyone? You get to hear the concerts for free.). If anyone has other ideas for attracting students, please let us know. Dan Streja, our new webmaster, is already making sure that our website comes up high in Internet search results for sailing information.

Speaking of our illustrious webmaster, Dan has also posted some of the photos from our British Virgin Islands cruise March 8 through 16, so check it out. There are some beautiful shots of Anagada, Virgin Gorda, Tortola, the Beneteau 403s and our wonderful crews. We had loads of fun (see following story) and it shows! Maybe you'll join us on the next cruise – Monmouth has one on Lake Ontario for three days over the July 15 weekend (contact Mark Seligman at [mselect@optonline.net](mailto:mselect@optonline.net)) and some of the Westchester board have proposed a trip from Newport, RI for a long weekend July 28<sup>th</sup> through August 1<sup>st</sup> (contact Lisa Lettieri at [waymaker@optonline.net](mailto:waymaker@optonline.net)).

In the planning for our thank you brunch for instructors this year, we realized that we need to recruit more people for advanced sailing classes with the idea that someday they may want to teach basic sailing. Last year Lee Kapleau moved to North Carolina and this year, Bonnie McKee is following her down there into retirement bliss! Both Lee and Bonnie were enormously dedicated to teaching every single season, always with patience and top notch skill. Several other instructors that taught for many years have also gone on to other things (marriage, kids, their own, time-consuming boats) so that we are down to about ten instructors. These ten have to serve five classes. Ideally we need about five more instructors to give the core ten a bit of a break and to have enough coverage for those times when one has to miss a class, a season, or move away.

If you think you would like to pursue an advanced course in navigation or basic coastal cruising, please let me know by emailing me at [seaswest@sailseas.com](mailto:seaswest@sailseas.com). If we get five or more people, we can probably schedule the class. We have already scoped out a location in Sleepy Hollow so speak up!

***PLEASE DON'T FORGET TO RENEW YOUR MEMBERSHIP!***

## ***CRUISIN' The BVI – A Little Heaven on Earth***

By Lisa Lettieri

Eighteen SEAS members got to experience a little tropical heaven on earth last month. While it was still snowing at home, we were sailing the Caribbean in 75° - 85° weather and mostly 6-10 knot winds. For seven days we forgot about cell phones, email and PCs, blow driers, diets and bills. We relaxed, we sailed, we had fun!



About half of us were from the Westchester chapter and the others were from the Bergen, Monmouth and Morris chapters. It was a great mix and the skippers made sure we were divided up properly according to skill levels and interests. Bonnie McKee's boat was interested in diving and partying, Lou Kalmar's boat wanted to sail to certain islands and Tom Abinanti's crew wanted to do a little of everything, sailing, snorkeling, hiking and eating out. Some days we each went our own way, other days we met up for some group meals and swims. This level of flexibility and careful planning was key to the enormous success of the trip.



On Virgin Gorda, we trekked over and under the huge granite boulders of The Baths. Most of these islands are volcanic and when you see these monolithic wonders and squeeze through them to see the glorious white coral beaches, it is a truly unique experience. Watch it though, some of the creaky wooden platforms and stairs are treacherous.

Teranga (Bonnie's boat) and Winya Wynah (Tom's) sailed up to Anagada, the one non-volcanic island in the area. Anagada is rather flat and scrubby but it features some wonderful places to enjoy a quiet afternoon rum punch on the beach, Neptune's Restaurant and Loblolly Bay with some of the best snorkeling around. As a beginner to snorkeling, it was utterly fantastic to see the variety of colorful coral and the exotic tropical fish swimming all around us! Well worth the trip.

Norman Island is another great snorkeling and diving spot at The Caves. With the warm sun streaming down on the crystal clear water, we could swim all the way into the shallow hollows of these unusual caves and follow the fish right into their hiding places. Nearby the Indians are also renowned for spectacular diving. The sailing in this area was some of the most gorgeous and delightful of the week. Take a look at the photos we posted on [www.sailseas.com/westchester](http://www.sailseas.com/westchester) in the Members section.

We sailed to Jost Van Dyke getting in late so we had to anchor on the edge of Great Harbour. Personally I don't recommend it. We were fairly sure the anchor wasn't setting properly so while everyone partied hearty at Sydneys, a couple of us set up a night watch to take bearings and make sure the Winyah Wynah wasn't moving. The next morning, we found a huge rock hooked up to our anchor chain – probably the only thing keeping us in place all night! But what a beautiful night it was, the twinkling lights from the houses up the hills, the moon shining brightly over the water, and a huge blue Catamaran to our stern, getting closer and closer...

Next stop was Cane Garden Bay. Chose Myette at the end of the beach for the live music, dancing and great eating. Nothing short of fantastic. The beach here was one of the loveliest with such big breakers a bunch of six-pack abs surfed until long into the night.

One of the wonderful things about this trip is that as much as we did, there is still more to see. This BVI cruise turned out to be a heck of a vacation: inexpensive, continually interesting, full of great company and great memories.

Thanks all for a great time! Lisa

# LEARN TO SAIL

## AMERICAN RED CROSS CERTIFIED BASIC SAILING INSTRUCTORS

### Classroom:

Learn sailing terms, the aerodynamics and hydrodynamics of sailing, points of sail, sail trim, rigging, launching, mooring, rules of the road, boat handling and boating safety.

### GREAT CREW TRAINING



### Watersite:

16 Hours of practical, hands-on experience sailing using SEAS fleet of Sunfish, Phantoms and Lasers.

Requirements: 18 years old or accompanied by a parent, in good condition, and able to swim.

ENROLLMENT LIMITED TO 16 PER CLASS

# SEAS

### Society for the Education of American Sailors

To Register fill out reverse side of this form or Contact:  
SEAS Westchester P. O. Box 892, White Plains, NY 10602  
Phone (914) 631-4164 E-mail: [seaswest@sailseas.com](mailto:seaswest@sailseas.com)  
Website <http://www.SAILSEAS.COM/WESTCHESTER>

All Graduates will receive American Red Cross and SEAS Basic Sailing Certificate  
*A Nonprofit organization*

# Society for the Education of American Sailors

P.O. Box 892 White Plains, NY 10602 (914) 631-4164

## 2005 Class Schedule

**Classes 1 and 2 are offered through Inter-Village Continuing Education, Ardsley NY.**

**Call 914-693-6300 x 2283 or [www.intervillage.org](http://www.intervillage.org). Please send check to Inter-Village.**

Water Site Location: The SEAS Boathouse at Kingsland Point Park, Sleepy Hollow, NY

<b>Class 1</b>	Classroom:	Thursdays	May 19, 26, June 2, 9	7:00 -10:00 PM
	Water Site:	Saturdays	June 4, 11	9:00 - 5:30 PM
<b>Class 2</b>	Classroom:	Tuesdays	May 31, June 7, 14, 21	7:00 -10:00 PM
	Water Site:	Saturdays	June 18, 25	9:00 - 5:30 PM

**Classes 3 –5 are offered at the American Red Cross, 106 North Broadway, White Plains. Please send check to the address below.**

Water Site Location: The SEAS Boathouse at Kingsland Point Park, Sleepy Hollow, NY

<b>Class 3</b>	Classroom:	Wednesdays	June 29, July 6, 13, 20	7:00 -10:00 PM
	Water Site:	Sundays	July 17, 24	9:00 - 5:30 PM
<b>Class 4</b>	Classroom:	Mondays	July 25, August 1, 8, 15	7:00 -10:00 PM
	Water Site:	Saturdays	August 13, 20	9:00 - 5:30 PM
<b>Class 5</b>	Classroom:	Wednesdays	August 24, 31, Sept. 7, 14	7:00 -10:00 PM
	Water Site:	Sundays	September 11, 18	9:00 - 5:30 PM

Requirements: Must be 18 years or older, in good physical condition, and able to swim.

Cost: \$ 175.00 fee includes instruction, books, equipment usage and 2005 membership.

**Group and family discounts available.**

Please fill out the application sign and return it along with a check for \$ 175.00 payable to *SEAS Westchester*. Read and sign the DECLARATION OF HEALTH. Select the class you would like to attend.

Registration should be made as soon as possible and will be honored in order of receipt. Courses are limited to 16 students. **Fee of \$175.00 payable to SEAS must accompany this application.**

No refunds can be made within of 30 days before the first day of class. (Detach below)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone: Day \_\_\_\_\_ Evening \_\_\_\_\_ E-Mail \_\_\_\_\_

\*I wish to attend class number \_\_\_\_\_ Gift Certificate \_\_\_\_\_

**DECLARATION OF HEALTH:** I acknowledge that I have voluntarily applied for a course of instruction in Basic Sailing from SEAS Westchester. I understand that the class requires vigorous physical activity in swimming; and moving, rigging, de-rigging and sailing boats. I represent that I am in good physical condition and have no condition, either physical or mental, that would impair my performance in the class or be aggravated by my participation. I understand that SEAS Westchester is relying upon the aforementioned representation in allowing me to participate in its Basic Sailing. I hold SEAS Westchester and its members harmless in the event of injury that may occur while I am enrolled in the Basic Sailing course.

Signature of Student \_\_\_\_\_ Date \_\_\_\_\_

Mail Form To: SEAS Westchester, c/o Lisa Lettieri, 31 Woodybrook Lane, Croton-on-Hudson, NY 10520

# **Lake Ontario Cruise**

## **Weekend of July 15, 2005**



Join us for 3 days on the water of beautiful Lake Ontario. We will depart from Yachting Operations Services in Henderson N.Y. at the eastern end of the Lake, on Saturday 7/16 and return on Monday 7/18. Please contact Mark Seligman at [seaswest@sailseas.com](mailto:seaswest@sailseas.com). or call him at 732-536-6863 if you would be interested or would like more information.

### **DETAILS**

The Boats: C&C 25; C&C 32; C&C 35.

Crew: I estimate that we would be looking for approximately 11 people including skippers.

Cost: Based upon the number of folks who sign up I expect the cruising cost to be approximately \$315 + \$100 refundable security deposit. The final number might be somewhat more or less. The cost of food and travel is not included in this figure. A 50% deposit will be required when we book the cruise and reserve the boats.

Logistics: Henderson NY is approximately 335 miles from Monmouth County. The boats may be checked out on Friday afternoon, 7/15 and anyone who wishes to may sleep on their boat Friday night. I would expect we would try and arrange car pools to drive to and from Henderson.

If you would like more information about Yachting Operations Services, their WEB site is [www. www.sailwithyos.com](http://www.sailwithyos.com).

Please contact me as soon as possible if you are interested in either crewing or skippering. Once I gauge the level of interest I will coordinate the details and finalize the cost. Mark Seligman.

# SEAS CALENDAR for May 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 <b>Board Meeting</b>	5	6	7
8	9	10	11	12	13	14
<b>15 10AM Boathouse Opening / BBQ Contact seaswest@sailse as.com</b>	16	17	18	19	20	<b>21 10AM Boathouse Opening Contact seaswest@sailse as.com.</b>
22	23	24	25	26	27	28
29	30	31	<b>All hands on deck please for the boathouse opening – we need everyone to help us get ready to sail if we are going to be ready for teaching and Open Sails every Thursday night!</b>			

# SEAS CALENDAR for June 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Please come to Clearwater Festival &amp; help us spread the word about SEAS and its great sailing programs! Free music &amp; entertainment too...</b>  <a href="http://www.clearwater.org/festival.html">www.clearwater.org/festival.html</a></p>			<p>1 <b>Board Meeting</b></p>	<p>2 6PM <b>Open Sail Contact</b>  <a href="mailto:seaswest@sailseas.com">seaswest@sailseas.com</a></p>	3	<p>4 9AM <b>Class 1 Water Day</b></p>
5	6	7	8	<p>9 6PM <b>Open Sail Contact</b>  <a href="mailto:seaswest@sailseas.com">seaswest@sailseas.com</a></p>	10	<p>11 9AM <b>Class 1 Water Day</b></p>
12	13	14	15	<p>16 6PM <b>Open Sail Contact</b>  <a href="mailto:seaswest@sailseas.com">seaswest@sailseas.com</a></p>	17	<p>18 <b>Clearwater Festival - Croton Point Contact</b>  <a href="mailto:seaswest@sailseas.com">seaswest@sailseas.com</a>.</p>
<p>19 <b>Clearwater Festival - Come help us get students at Croton Point</b></p>	20	21	22	<p>23 6PM <b>Open Sail Contact</b>  <a href="mailto:seaswest@sailseas.com">seaswest@sailseas.com</a></p>	24	25
<p>26 <b>Open Sail = Contact</b>  <a href="mailto:seaswest@sailseas.com">seaswest@sailseas.com</a>.</p>	27	28	29	<p>30 6PM <b>Open Sail Contact</b>  <a href="mailto:seaswest@sailseas.com">seaswest@sailseas.com</a></p>		

# SEAS CALENDAR for July 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>We're looking for suggestions for weekend trips YOU want to take to sail new places within driving distance with campsites available. Send your ideas to <a href="mailto:seaswest@sailseas.com">seaswest@sailseas.com</a>!</b></p>					1	2
3	4	5	6 <b>Board Meeting</b>	7 6PM <b>Open Sail Contact</b> <a href="mailto:seaswest@sailseas.com">seaswest@sailseas.com</a>	8	9 <b>Weekend Trip Proposed Contact</b> <a href="mailto:Seaswest@sailseas.com">Seaswest@sailseas.com</a>
10 <b>Weekend Trip Proposed</b>	11	12	13	14 6PM <b>Open Sail Contact</b> <a href="mailto:seaswest@sailseas.com">seaswest@sailseas.com</a>	15	16
17	18	19	20	21 6PM <b>Open Sail Contact</b> <a href="mailto:seaswest@sailseas.com">seaswest@sailseas.com</a>	22	23
24	25	26	27	28 6PM <b>Open Sail Contact</b> <a href="mailto:seaswest@sailseas.com">seaswest@sailseas.com</a>	29	<p><b>Proposed trip around Newport RI –Checking charter availability 7-28 to 8-1 If interested, contact <a href="mailto:jmkerr2000@yahoo.com">jmkerr2000@yahoo.com</a></b></p>
31						

# SEAS CALENDAR for August 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 <b>Board Meeting</b>	4 <b>6PM</b> <b>Open Sail Contact</b> <a href="mailto:seaswest@sailse.com">seaswest@sailse</a>	5	6
7	8	9	10	11 <b>6PM</b> <b>Open Sail Contact</b> <a href="mailto:seaswest@sailse.com">seaswest@sailse</a>	12	13
14	15	16	17	18 <b>6PM</b> <b>Open Sail Contact</b> <a href="mailto:seaswest@sailse.com">seaswest@sailse</a> -----	19	20
21	22	23	24	25 <b>6PM</b> <b>Open Sail Contact</b> <a href="mailto:seaswest@sailse.com">seaswest@sailse</a> <a href="http://seas.com">as.com</a>	26	27 <b>Weekend Trip Proposed</b> <b>Contact</b> <a href="mailto:seaswest@sailse.com">seaswest@sailse.com</a> <a href="http://seas.com">seas.com</a>
28 <b>Weekend Trip Proposed</b>	29	30	31	<b>Where do you want to go? Tell us and we'll check out the facilities &amp; the wind – email <a href="mailto:seaswest@sailse.com">seaswest@sailse.com</a>.</b>		

# SEAS CALENDAR for September 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Come Join us at Kingsland Point on Saturday September 10th – we are sponsoring the Commodore’s Cup. Please contact David Longo for details at delongo@aol.com.</b></p>				<p><b>1 6PM</b> <b>Open Sail</b> <b>Contact</b> <b>seaswest@sailse</b></p>	2	3
4	5	6	<p><b>Board Meeting</b></p>	<p><b>8 6PM</b> <b>Open Sail</b> <b>Contact</b> <b>seaswest@sailse</b> <b>as.com</b></p>	9	<p><b>10 SEAS</b> <b>Westchester</b> <b>Commodores’</b> <b>Cup. Contact</b> <b>seaswest@sailse</b> <b>as.com.</b></p>
11	12	13	14	<p><b>15 6PM</b> <b>Open Sail</b> <b>Contact</b> <b>seaswest@sailse</b> <b>as.com</b></p>	16	17
18	19	20	21	<p><b>22 6PM</b> <b>Open Sail</b> <b>Contact</b> <b>seaswest@sailse</b> <b>as.com</b></p>	23	24
25	26	27	28	<p><b>29 6PM</b> <b>Open Sail</b> <b>Contact</b> <b>seaswest@sailse</b> <b>as.com</b></p>	30	



**Society for the Education of American Sailors**

P. O. Box 892, White Plains, NY 10602

(914) 631-4164

Name _____	Home Phone _____
Address _____	Work Phone _____
_____	Cell Phone _____
_____	E-Mail Address _____

**2005 Membership Invoice**

Please answer ALL questions.

**Skills** (check all that apply)

- |                                                                 |                                               |                                          |
|-----------------------------------------------------------------|-----------------------------------------------|------------------------------------------|
| <input type="checkbox"/> Sailing Instructor ARC Certified       | <input type="checkbox"/> Westchester Skipper  | <input type="checkbox"/> SQB Skipper     |
| <input type="checkbox"/> US Sailing Certified Instructor        | <input type="checkbox"/> Westchester 1st Mate | <input type="checkbox"/> SEAS 1st Mate   |
| <input type="checkbox"/> First Aid <input type="checkbox"/> CPR | <input type="checkbox"/> Water Assistant      | <input type="checkbox"/> Chapter Skipper |
| <input type="checkbox"/> US Coast Guard License                 | <input type="checkbox"/> Dockmaster           | Chapter _____                            |

**In order to fill my membership requirements, I plan to participate in the following Committees or area(s) during the year. (select three)**

- |                                         |                                                 |                                     |
|-----------------------------------------|-------------------------------------------------|-------------------------------------|
| <input type="checkbox"/> Maintenance    | <input type="checkbox"/> Education              | <input type="checkbox"/> Social     |
| <input type="checkbox"/> Race Committee | <input type="checkbox"/> Water Assistant        | <input type="checkbox"/> Publicity  |
| <input type="checkbox"/> Dockmaster     | <input type="checkbox"/> General Administration | <input type="checkbox"/> Newsletter |

**I plan to attend the following activities during the year. (check all that apply)**

- |                                                      |                                                        |                                      |
|------------------------------------------------------|--------------------------------------------------------|--------------------------------------|
| <input type="checkbox"/> Practice Sail Days          | <input type="checkbox"/> Cruising Course               | <input type="checkbox"/> Social      |
| <input type="checkbox"/> The National Cruise         | <input type="checkbox"/> First Mates Course            | <input type="checkbox"/> Sail Expo   |
| <input type="checkbox"/> General Membership Meetings | <input type="checkbox"/> Special Programs and Seminars | <input type="checkbox"/> Racing Days |
| <input type="checkbox"/> Basic Refresher Course      | <input type="checkbox"/> Advanced Sailing Classes      | <input type="checkbox"/> Chapter     |

**I would like to take a class in the following area(s) of Sailing :** \_\_\_\_\_

**Membership Dues are \$50.00**

**SPECIAL DONATION TO THE NEW BOAT FUND \$ \_\_\_\_\_** (Any amount would be greatly appreciated)

**Dues** 50.00

Amount Enclosed \$ \_\_\_\_\_

Mail dues along with this form to: SEAS P.O. Box 892 White Plains, NY 10602

**SEAS**

P.O Box 892  
White Plains, NY 10602

**Join us at the Boathouse  
Opening and BBQ  
on May 15<sup>th</sup>.**