

# LEARN TO SAIL

WITH

## AMERICAN RED CROSS CERTIFIED BASIC SAILING INSTRUCTORS

**IN THE  
CLASSROOM**  
Learn Sailing Terms,  
Aerodynamics and  
Hydrodynamics of  
Sailing, Points of Sail,  
Sail Trim, Rigging,  
Launching, Mooring,  
Rules of the Road, Boat  
Handling, and Boating  
Safety.  
Great Crew Training!



**AT THE WATERSITE**  
Gain 16 hours of Practical hands-on  
experience using SEAS own fleet of  
Sunfish, Phantoms,  
Lasers and Sloops

Requirements: *18 Years old,  
in good condition, able to swim*

Minimum of 6 per class.  
Enrollment limited to 16  
students per class.

# SEAS

**Society for the Education of American Sailors**

To Register

Fill out reverse side of this form or Contact:

**SEAS Westchester P. O. Box 892, White Plains, NY 10602**

Phone (914) 631-4164

E-mail: [sailseaswestchester@yahoo.com](mailto:sailseaswestchester@yahoo.com)

Website <http://www.SAILSEAS.COM/WESTCHESTER>

All Graduates will receive American Red Cross and SEAS Basic Sailing Certificates

*A Nonprofit organization*

# Society for the Education of American Sailors

P.O. Box 892 White Plains, NY 10602 (914) 631-4164

## 2011 Class Schedule

Classes are offered at the YWCA, 515 North Street, White Plains, NY

<b>Class 1</b>	Classroom:	Wednesdays	May 4, 11, 18, 25	7:00 -10:00 PM
	Water Site:	Saturdays	May 21, June 4	9:00 - 5:30 PM
<b>Class 2</b>	Classroom:	Tuesdays	June 7, 14, 21, 28	7:00 -10:00 PM
	Water Site:	Saturdays	June 25, July 9	9:00 - 5:30 PM
<b>Class 3</b>	Classroom:	Thursdays	July 7, 14, 21, 28	7:00 -10:00 PM
	Water Site:	Sundays	July 24, 31	9:00 - 5:30 PM

### Water Site Location: Shattemuc Yacht Club, Ossining, NY

Requirements: Must be 18 years or older, in good physical condition, and able to swim.

Cost: \$ 195.00 fee includes instruction, books, equipment usage and 2011 membership.

**Group discounts available for groups of 5 or more.**

Please fill out the application below, being sure to select the class you would like to attend and to **read and sign** the **DECLARATION OF HEALTH**. Send your completed application along with a check for \$195.00 payable to "SEAS Westchester" to the address below.

Registration should be made as soon as possible and will be honored in order of receipt.

Courses are limited to a maximum of 16 students and are subject to a minimum requirement of 6 students.

**Your fee of \$195.00 payable to "SEAS Westchester" must accompany this application.**

No refunds can be made within of 30 days before the first day of class. (Detach below)

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Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone: Day \_\_\_\_\_ Evening \_\_\_\_\_ E-Mail \_\_\_\_\_

\*I wish to attend class number \_\_\_\_\_ Gift Certificate \_\_\_\_\_

**DECLARATION OF HEALTH:** I acknowledge that I have voluntarily applied for a course of instruction in Basic Sailing from SEAS Westchester. I understand that the class requires vigorous physical activity in swimming; and moving, rigging, de-rigging and sailing boats. I represent that I am in good physical condition and have no condition, either physical or mental, that would impair my performance in the class or be aggravated by my participation. I understand that SEAS Westchester is relying upon the aforementioned representation in allowing me to participate in its Basic Sailing. I hold SEAS Westchester and its members harmless in the event of injury that may occur while I am enrolled in the Basic Sailing course.

Signature of Student \_\_\_\_\_

Date \_\_\_\_\_

Mail Form + Fee To: SEAS Westchester  
P.O. Box 892  
White Plains, NY 10602